RACE START TIMES
We love seeing everyone who starts the race also cross the finish line! That being said, it is your responsibility to get to the START of your race ON TIME. We don't have a minimum pace or a strict cutoff time once you are ON the course! HOWEVER, we can't keep the course open for anyone who doesn't start on time. Anyone starting more than 10 minutes after the start of their race will NOT receive a time and will be disqualified. We have to enforce this rule in order to make sure we're following our permit guidelines. If you miss the Sirena10 or 10K start you can always switch to the 5K at 8:00 am. No participants will be allowed to start the 5K after 8:10 am.

7:00 am - Sirena10 Mile
7:40 am - 10K
8:00 am - 5K

MERMAID DASH - 1.5 MILES
Don't forget to bring out your little mermaids. Last year we had over 150 girls run, walk and skip their way to the finish line. Boys are invited to run too!! The 1.5 mile mermaid dash will start next to the finish chute at:

9:55 a.m. - ages 9 to 12
10:00 a.m. - ages 6 to 8.
Register online for $15.00* or $20.00* at the event.
*Entry fee does NOT include a t-shirt

NEW START & FINISH LINE
If you've raced with us in the past, you'll recognize a few changes from the previous years. We will now be starting in the PRESIDIO on Old Mason Street and finishing in the East Beach Lot. The East Beach Lot is approximately two tenths of a mile to the WEST of the Little Marina Green. There is NO PARKING at the East Beach Parking
lot. See below for our recommended parking locations. Please reference our [expo map](#) for an overview of the START and FINISH.

**Race Morning Parking**

Parking in San Francisco is always a challenge. We recommend you arrive a minimum of 60 minutes prior to your race start to allow for extra time to park. There are several pay parking lots in the Presidio. There are two free lots located at the Marina Green and the Little Marina Green. All lots are within a mile or two miles of the start line. *NOTE: Since the Free Lots will fill up fast, we recommend using the pay parking lots in the Presidio.*

**Pay ($) Parking - Presidio:** There are several parking lots within the Presidio that are less than a 1 mile walk to the East Beach Parking Lot. To enter the Presidio, enter from the west on either Marina Blvd, Lombard St or Gorgas Ave. If you are coming from Marina Blvd it will turn into Girard Rd and you’ll find the [Lundeen (200 spaces) Parking Lot](#) on your right. If you stay on Girard Rd and go underneath the Golden Gate Bridge approach (DO NOT turn onto the Golden Gate Bridge Approach) you will enter the Presidio and there are a handful of lots to choose from. The largest lot is the [Main Post parking lot](#). You can also enter the Presidio via the Lombard Gate or on Gorgas Ave. *Parking is $1.80 per hour or $7 to $8.50 for all day. Pay kiosks accept credit cards.*

**Presidio Parking - Pay ($) - Google Map**

**Free Parking - Marina Green & the Little Marina Green**
- [Marina Green - Google Map](#): The Marina Green has approximately 450 spots. It is close to a 1 mile walk to the East Beach Parking Lot.
- [Little Marina Green - Google Map](#): There are approximately 130 spots. It is roughly a .15 mile walk to the East Beach Parking Lot.

**Mermaid Series Apparel**

Looking for some super cool new Mermaid gear? Check out the Mermaid Apparel tent which will be open for shopping on SATURDAY at Packet Pickup and on SUNDAY at the Race Expo. Check out the online [Mermaid Apparel store](#) to see the latest in sweatshirts, shirts, hats and Mermaid accessories.

**10k Course - NEW COURSE!**

New this year! Our 10k course follows the Sirena 10 mile leading you out and back along the mighty Pacific Ocean. Though this distance does not go over the Golden Gate Bridge like our Sirena 10 mile, and there are hills, believe us when we say that the views are worth it. Following the California Coastal Trail you will run under the bridge where you will be treated to beautiful views of the San Francisco Bay. After turning you around at Fort Point, you will follow the San Francisco Bay Trail toward
the finish line waiting for you at East Beach parking lot. Please review the course map!

Course Maps and Aid Stations
Each distance will pass multiple water stations. Each aid station will have water, Ultima Replenisher and an energy bar available. The National Park Service does NOT allow us to serve Gels out on the course. If you typically run with Gels you will need to bring your own. PLEASE make sure to throw away any Gel packets at a Water Station. Do not drop them along the race course. To see where the Water Stations are located, please review the course maps. <5k_map> <10k_map> <Sirena10_map>

Bag Drop - BYOB
We will have designated tents in the expo area where you can drop off a small bag prior to the start. In an effort to be green and reduce the amount of plastic bag waste, we ask that you, B.Y.O.B. - Bring Your Own Bag. We will have ID tags and pens at the booth to write your bib number on your bag. Please do not leave valuables in the bag. Volunteers will be monitoring the bag drop, however we are not responsible for lost or stolen items.

PACKET PICKUP TIMES & LOCATIONS
Keep your race morning stress free and pick up your race packet BEFORE the race!! Can't make it to one of the pre-race packet pickups? You can have a friend pick up your bib number, timing chip and race shirt provided they bring a paper or digital copy of your photo I.D. (THEY MUST HAVE A COPY OF YOUR PHOTO ID, NO EXCEPTIONS)

10/16 - WEDNESDAY Packet Pickup
When: 10am - 7pm
Where: Title Nine Berkeley - 2037 4th Street, Berkeley
**Packets will NOT be available prior to 10:00 a.m.
Athletes must bring a photo ID in order to pick up their race packet.
Google Maps - Directions

10/17 - THURSDAY Packet Pickup
When: 10am - 7pm
Where: Title Nine Walnut Creek - 1637 Mt. Diablo Blvd, Walnut Creek
**Packets will NOT be available prior to 10:00 a.m.
Athletes must bring a photo ID in order to pick up their race packet.
Google Maps - Directions

10/18 - FRIDAY Packet Pickup
When: 10am - 7pm
Where: Title Nine Los Gatos - 218 N. Santa Cruz Ave., Los Gatos
**Packets will NOT be available prior to 10:00 a.m.
Athletes must bring a photo ID in order to pick up their race packet.

Google Maps - Directions

10/19 - SATURDAY Packet Pickup
When: 11:00 a.m. to 4:00 p.m.
Where: East Beach Parking Lot - Crissy Field
**Packets will NOT be available prior to 11:00 a.m.
Athletes must bring a photo ID in order to pick up their packet.

Directions to East Beach Parking Lot

10/20 - SUNDAY (Race Morning) Packet Pickup
When: 6:00 a.m. to 8:00 a.m.
Where: East Beach Parking Lot - Crissy Field
**Athletes must bring a photo ID in order to pick up their packet.

Directions to East Beach Parking Lot

PARTICIPANT'S SHIRT, FINISHER'S MEDAL & NECKLACE
Mermaids always receive super sweet swag! The 2019 design is celebrating CALIFORNIA and the City by the Bay! Check out the stylish race shirt and matching finisher's medal & necklace.

AGE GROUP AWARDS
Age group awards will be three deep for the 5k, 10k and Sirena10. You must be
present in order to pick up your awards. Awards will not be mailed out after the event. Awards will start at approximately 9:30 am with the Sirena10, 10K and then 5K awards. Age groups are as follows: 9 & Under, 10-12, 13-14, 15-19, 20-29, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70-74, 75+